

CERT NEWS LETTER

June 2014



(Photos courtesy of Old Town CERT Team Leader Thor Rasmussen)

CERT DRILL: AN OUTSTANDING SUCCESS! Because of all of you, the co-owners of our CERT program, our drill on June 21st was a huge success. **84** CERT members participated. My thanks to everyone for your commitment to CERT!

NEW CERT CLASS: A new CERT class has been scheduled for September. This session will occur over two weekends on a Saturday, Saturday-Sunday schedule on September 13th, 20th & 21st. Class times each day will be 8:30 a.m. to 4:30 p.m. Persons wishing to register can enroll by sending an e-mail to: montereycert@hotmail.com or call **646-3416**

CERT RADIO NET: **CERT Radio Net exercises occur the second Monday of each month at 8 P.M.** Tune in to CERT Channel Command 3 (Channel 3) on your CERT hand-held radios. Those of you with a CERT radio, please keep the radio turned on to Channel 3 at all times. This will allow you to get early alerts to a CERT deployment or be contacted quickly when we need a few members and are not going to a full E-Sponder alert. Your radio charger controls the charging levels for the radio batteries so keeping the radio turned on and in the charger continuously is OK!

TRAINING Refresher: Triage. We use the S.T.A.R.T. Triage system in Monterey CERT. S.T.A.R.T. = Simple Triage And Rapid Treatment. The Triage tags (shown below) you learned with in CERT class are the same tags you will find in your neighborhood CERT containers. When you first enter the Mass Casualty Environment, give the following verbal direction: “Anyone who can get up and walk to me, please do so now”. Those patients who can walk and follow this simple command are categorized **MINOR**. Remember to keep the victims categorized “MINOR” near you so you can use them to assist the more severely injured. With those categorized “MINOR”, re-assess them later in the incident to assure they have not deteriorated. Next, **start where you stand** with the victim closest to you. Use the simple mnemonic: **30, 2, Can DO**. If the victim’s respirations are more than 30, if their capillary refill (fingernail color) takes longer than 2 seconds, or they cannot follow simple directions, categorize them **IMMEDIATE** and move to the next patient, stopping only to treat life threatening injuries such as compromised airway, severe bleeding and shock. If you cannot see the capillary refill because of nail polish, feel for the pulse at the wrist. If it is palpable, this is a pass, if faint, they are an immediate. If the victim’s respirations are less than 30, their capillary refill takes less than 2 seconds AND they can follow simple instructions and answer questions about their name, circumstances, location, etc., categorize them **DELAYED**. With non-breathing victims, assess for 10 seconds looking at the chest, listening and feeling for breathing. If absent for the 10 seconds, re-position the head and assess for another 10 seconds. If breathing remains absent after the second assessment, categorize **DECEASED** and proceed to the next patient. **Attach the tags to either the wrist or ankle.**

No. 156416 TRIAGE TAG No. 156416
 PART I
 No. 156416
 CALIFORNIA FIRE CHIEF'S ASSOCIATION®
 Leave the correct Triage Category ON the end of the Triage Tag

Move the Walking Wounded **MINOR**
 No respirations after head tilt **DECEASED**
 Respirations - Over 30 **IMMEDIATE**
 Perfusion - Capillary refill Over 2 seconds **IMMEDIATE**
 Mental Status - Unable to follow simple commands **IMMEDIATE**
 Otherwise- **DELAYED**

MAJOR INJURIES: _____
 HOSPITAL DESTINATION:
 ORIENTED DISORIENTED UNCONSCIOUS

TIME	PULSE	B/P	RESPIRATION

DECEASED
IMMEDIATE No. 156416
DELAYED No. 156416
MINOR No. 156416

TRIAGE TAG
 PART II

MEDICAL COMPLAINTS/HISTORY

ALLERGIES:
 PATIENT'S:

TIME	DRUG SOLUTION	DOSE
	D/W P/L NS	

 NOTES:

PERSONAL INFORMATION
 NAME: _____
 ADDRESS: _____
 CITY: _____ TEL. NO.: _____
 MALE FEMALE AGE: _____ WEIGHT: _____

DECEASED
IMMEDIATE
DELAYED
MINOR

CERT TEAM LEADER LIST: CONA=Casanova Oak Knoll, Crml=Carmel, DMB=Del Monte Beach, FH=Foothill, MV=Monte Vista, NM=New Monterey, OG=Oak Grove, OT=Old Town, PG=Pacific Grove, S3=Station 3, SL=Skyline

CONA	Ruccello	Richard	rruccello@aol.com
CONA	Brassfield	Michael	monami@redshift.com
Crml	Larrew	Lee	lee@carmelcalifornia.org
DMB	Fisher	Gerald	
DMB	Brownlee	Sean	sean@globalfms.com
FH	Foss	Chuck	chuckfoss@comcast.net
FH	Mendenhall	Bruce	bmende88@comcast.net
FH	Rygg	Ronald	ronnr7@aol.com
MV	Alameda	Lisa	ken.alameda@comcast.net
NM	Rizzo	Maya	tangorizz@aol.com
NM	Rizzo	Gene	tangorizz@aol.com
OG	Dawson	Mike	mike@dawsonmonterey.com
OG	Whitney	Lee	lwhitney306@gmail.com
OT	Netzorg	Greg	thezorgs1@comcast.net
OT	Rasmussen	Thor	thor@mbay.net
OT	Mcfaddan	Tim	mcfaddan@gmail.com
PG	Oder	Broeck	bnoder@gmail.com
PG	Zamzow	Heidi	hzamzow@aol.com
S3	Blackstone	Sarah	sarahblack@aol.com
S3	Pressman	Harvey	presstoe@aol.com
SL	Duke	Dennis	dduke01@sbcglobal.net
SL	Kastros	Demetrius	demekastros@msn.com
SL	Pasquinni	Art	pasquin@redshift.com

NEW GOAL FOR CERT: Your CERT Team Leaders have established a goal of obtaining a new trailer to greatly enhance our mobility and service in an emergency.

CERT Trailer

- 6'x10'
- 68" headroom
- GVW 2990
- Weight 960
- Payload 2030
- Ramp door



- Primary role of emergency response, prolonged deployments and public education events.

Trailer Continued: We will be formulating a detailed proposal to approach service clubs, insurance companies and other donors. The picture above shows the general concept. Our total funding goal for the trailer and all equipment should be approximately \$14,250. The trailer will be equipped similarly to our CERT containers throughout the community.

CONTACT YOUR TEAM LEADER: If you have not already done so, contact your team leader and meet them at your neighborhood CERT container. Make sure you know how to find the container, and are familiar with the inventory.

REMEMBER: After an emergency such as an earthquake, storm or other potential disaster when all forms of communication are absent, when the power is out and telephones and cell phones don't work, secure your family, immediate neighbors and then, if you are able, report to your neighborhood CERT container. Using our radio system, CERT is the primary eyes and ears to the City on what's happening in the neighborhoods. We will form teams and proceed into the neighborhoods to *"DO THE MOST GOOD FOR THE MOST PEOPLE"*



MAKING UP A MISSED CLASS: If you have already taken CERT, but perhaps missed one or two classes, you need only make-up only those missed modules to graduate and receive your CERT helmet & vest. We will be publishing the schedule of instruction for the September class several weeks in advance, so please monitor your e-mails from montereycert@hotmail.com