

CERT NEWS LETTER

July 2015



EVERBRIDGE Alerts: When we need to ask your participation in a CERT operation, we use the Everbridge Alert System. This will come to you as a phone message, e-mail and text. The opening verbal will say: **“THIS IS A MESSAGE FROM YOUR ORGANIZATION...”** The message will then continue to give you the nature of the emergency, such as a search for a missing child and then the Staging area, such as the Emergency Operations Center (where CERT classes are instructed). **Remember** that the system will continue to attempt contact until you acknowledge receipt of the alert from any one source either your phone, cell, text or e-mail. The phone number from which you will receive an Everbridge Alert is: **555 555-5555**. I program this number into my cell phone as “CERT ALERT” so when the phone rings, caller I.D. tells me the nature of the call.

Your CERT radio MUST be re-programmed if not already updated.

Tim Mcfaddan has diligently worked to re-program over 70 CERT hand-held radios. If you own a CERT radio and it has NOT yet been re-programmed by Tim, this must occur for your radio to function properly with our CERT radio frequencies (channels). Monitor your e-mail for the next opportunity to have your radio re-programmed. **Our sincerest thanks to Tim for his hard work in maintaining and updating our radio system!**



CERT member Tim Mcfaddan

TRAINING REFRESHER: Treating Burns

As always, the first step in treating burns, or any CERT operation is to conduct a thorough scene SIZE-UP. IS THE SCENE SAFE TO ENTER IS ALWAYS YOUR FIRST CONSIDERATION!

A few examples of burn-related size-up questions to ask are:

- What caused the burn?
- Is the **danger** still present?
- When did the burning cease?
- Can CERT members safely enter the area?
- Do we need to call professional responders?

When you determine the scene is safe to approach, basic treatment guidelines are:

- Remove the victim from the burning source. Put out any flames and remove smoldering clothing unless it is stuck to the skin.
- Cool skin or clothing, if they are still hot, by immersing them in cool water for not more than 1 minute or covering with clean compresses that have been soaked in cool water and wrung out. Cooling sources include water from the bathroom or kitchen; garden hose; and soaked towels, sheets, or other cloths. Treat all victims of full thickness burns for shock.

Infants, young children, and older persons, and persons with severe burns, are more susceptible to hypothermia. Therefore, rescuers should use caution when applying cool dressings on such persons. A rule of thumb is do not cool more than 15% of the body surface area (the size of one arm) at once, to reduce the chances of hypothermia.

- Cover loosely with **moist**, sterile dressings to keep air out, reduce pain, and prevent infection.
- Wrap fingers and toes loosely and individually when treating severe burns to the hands and feet.
- Loosen clothing near the affected area. Remove jewelry if necessary, taking care to document what was removed, when, and to whom it was given.
- Elevate burned extremities higher than the heart.
- Do not use ice. Ice causes vessel constriction.
- Do not apply antiseptics, ointments, or other remedies.
- Do not remove shreds of tissue, break blisters, or remove adhered particles of clothing. (Cut burned-in clothing around the burn.)

CERT AT THE MONTEREY 4th OF JULY EVENTS: As in previous years, CERT will be participating in the Monterey 4th of July events. We will have an information booth on the sidewalk in front of City Hall. ALSO, CERT will be participating in the 4th of July Parade. Members are encouraged to stop by the events and if you desire, participate in the parade and/or the information booth. If you wish to participate in the parade or assist with the booth, contact CERT Team Leader Sarah Blackstone at: **831-649-3050 or email sarahblack@aol.com**

Webinar: CERT Training for Individuals with Disabilities and Others with Access and Functional Needs

The FEMA Individual and Community Preparedness Division is pleased to invite you to a webinar that focuses on practices that will help ensure a positive and accessible experience for CERT participants with disabilities and others with access and functional needs.

Everyone has a role to play in keeping our communities safe. CERT volunteers, trainers, and program managers with a diverse range of experiences, skills, and abilities -- including many with disabilities and others with access and functional needs -- make valuable contributions in preparing their communities for disasters and supporting response and recovery efforts. CERT program activities are inclusive, so training should be as well. It is not difficult to make reasonable accommodations for including people with disabilities and others with access and functional needs in CERT training. However, it's a good idea to plan ahead to ensure that their specific needs are accounted for and that they feel welcome and engaged.

Title: CERT Training for Individuals with Disabilities and Others with Access and Functional Needs

Date: Wednesday, July 15, 2015

Time: 3:00 - 4:30 p.m. (ET)

Guest speakers:

- Gay Jones, FEMA Office of Disability Integration and Coordination (ODIC)
- Kathryn Gerk, Emergency Services Manager, Richmond, CA Fire Department
- Jennifer Fales, Emergency Management Coordinator, Kansas City, MO Office of Emergency Management

Our featured speakers will share their insights and advice on how to engage and include individuals with disabilities and others with access and functional needs in CERT training and

activities, lessons they've learned from their experiences, and how their efforts have benefitted their programs and communities. The webinar will conclude with a question and answer session.

How to Join the Webinar:

- Adobe Connect Registration Web
Link: <https://icpd.adobeconnect.com/certraining1/event/registration.html>
- Please register for the event. Be sure to test your Adobe Connect connection prior to the meeting by clicking [here](#).
- This webinar will offer closed captioning.

We hope that you will be able to join us on July 15! If you can't make it, we will be posting the recording, transcript, and slide deck of the presentation on this page, under "Citizen Corps Partners/Affiliates": <http://www.ready.gov/preparedness-leader/webinar-library>. You can also view our most recent webinar on developing resources for CERT programs at: <https://icpd.adobeconnect.com/p4zrhbiqeml/>.

NEW CERT CLASS: A CERT class is scheduled for new volunteers. This is our weekend series. All instruction will be based at the EOC. The schedule is as follows:

Saturday September 19th, Saturday September 26th and Sunday September 27th. Class time each day is 8:30 a.m. to 4:30 p.m. We break for lunch from 12 noon to 1 p.m. each day.

Persons wishing to enroll can send an e-mail of interest to: montereycert@hotmail.com
For those students who need to make-up a missed module and graduate, the schedule of classes (modules) will appear in future newsletters.

SAVE THE DATE: Saturday August 8th. You're invited to the CERT summer potluck at the Casanova Oak Knoll Park, 735 Ramona Street, Monterey from 11-2 p.m. Come, enjoy and celebrate the summer and the Emergency Preparedness efforts throughout our communities.

CERT team members and other volunteer and professional first responders, families, friends, neighbors & public officials are invited to attend. More information will follow.

We have a new co-team leader for the Foothill CERT Team. Forest Weber has joined Chuck Foss and Bruce Mendenhall in the team leader role. Sincere thanks to Ronn Rygg for his past service as a Foothill CERT Team Leader.

CERT RADIO NET: SAFETY BEGINS WITH GOOD COMMUNICATIONS!

CERT Radio Net exercises occur the second Monday of each month at 8 P.M. on CERT channel 3. If you want to participate in the radio net, but don't have your own CERT radio, contact your team leader about borrowing one. This is a great opportunity to become familiar with our CERT radios and how they operate.

REVIEW YOUR CERT STUDENT MANUAL: Here is the link to the online edition:

http://www.fema.gov/media-library-data/20130726-1839-25045-8729/pm_combined.pdf

CONTACT YOUR TEAM LEADER: If you have not already done so, contact your team leader and meet them at your neighborhood CERT container. Make sure you know how to find the container and are familiar with the inventory.

REMEMBER: After an emergency such as an earthquake, storm or other potential disaster when all forms of communication are absent, when the power is out and telephones and cell phones don't work, secure your family, immediate neighbors and then, if you are able, report to your neighborhood CERT container. Using our radio system, CERT is the primary eyes and ears to the City on what's happening in the neighborhoods. We will form teams and proceed into the neighborhoods to *"DO THE MOST GOOD FOR THE MOST PEOPLE"* CERT provides an excellent video at this link: <http://www.youtube.com/watch?v=KwV3e1Xf>

CERT TEAM LEADER LIST: **CONA**=Casanova Oak Knoll, **Crml**=Carmel, **DMB**=Del Monte Beach, **FH**=Foothill, **MV**=Monte Vista, **NM**=New Monterey, **OG**=Oak Grove, **OT**=Old Town, **PG**=Pacific Grove, **S3**=Station 3, **SL**=Skyline

CONA	Ruccello	Richard	rruccello@aol.com
CONA	Brassfield	Michael	monami@redshift.com
Crml	Larrew	Lee	lee@carmelcalifornia.org
DMB	Swisher	Gerald	concretescarecrow@gmail.com
DMB	Brownlee	Sean	sean@globalfms.com
FH	Foss	Chuck	chuckfoss@comcast.net
FH	Mendenhall	Bruce	bmende88@comcast.net
FH	Weber	Forest	antoniamarie@sbcglobal.net
MV	Alameda	Lisa	ken.alameda@comcast.net
NM	Rizzo	Maya	tangorizz@aol.com
NM	Rizzo	Gene	tangorizz@aol.com
OG	Dawson	Mike	mike.dawson.67@gmail.com
OG	Whitney	Lee	lwhitney306@gmail.com
OT	Netzorg	Greg	thezorgs1@comcast.net
OT	Rasmussen	Thor	thor@mbay.net

OT	Mcfaddan	Tim	mcfaddan@gmail.com
PG	Oder	Broeck	bnoder@gmail.com
PG	Zamzow	Heidi	hzamzow@aol.com
S3	Blackstone	Sarah	sarahblack@aol.com
S3	Pressman	Harvey	presstoe@aol.com
SL	Duke	Dennis	dduke01@sbcglobal.net
SL	Kastros	Demetrius	demekastros@msn.com
SL	Pasquinelli	Art	pasquin@redshift.com

Contact Monterey CERT anytime by e-mail at:
montereycert@hotmail.com

“Doing the most good for the most people ”

