

# CERT NEWS LETTER

November 2015



**THERE WILL BE AN EVERBRIDGE ALERT ADVISING OF THE SEARCH & RESCUE DRILL ON THE MORNING OF NOVEMBER 14<sup>th</sup> AT 8 A.M.**

**CERT Quarterly Drill Scheduled For November 14<sup>th</sup>. Please don't miss this Search & Rescue Exercise! Sign-In starts at 8:15 A.M. **BRING YOUR CERT RADIOS.****

**Staging will be the Monterey Youth Center, 777 Pearl Street in Monterey (next to Dennis the Menace Park)**

**The drill will occur on Saturday, November 14<sup>th</sup>, from 08:15 A.M. to 12 Noon.**

Everyone is an asset, regardless of your physical abilities!

Sheriff's Search and Rescue will be making a presentation on conducting a neighborhood grid search. After the presentation, we will send out CERT members into the Oak Grove neighborhood to search using assigned grids and maps. A full communications and command system will be established.

**CERT is much more than a disaster response force. With our numbers and communications system, we can provide a powerful presence in a neighborhood search. We can search neighborhoods after disasters, or for missing persons, especially children.**

## Training Refresher: Signs and treatment of a Closed-Head, Neck, or Spinal Injury

Source: Pages 4-18, 4-19 of the CERT Participant Manual

- Change in consciousness
- Inability to move one or more body parts
- Severe pain or pressure in head, neck, or back
- Tingling or numbness in extremities
- Difficulty breathing or seeing
- Heavy bleeding, bruising, or deformity of the head or spine
- Blood or fluid in the nose or ears
- Bruising behind the ear
- “Raccoon” eyes (bruising around eyes)
- “Uneven” pupils
- Seizures
- Nausea or vomiting

If victims are found under collapsed building material or heavy debris and/or are exhibiting any of these signs, they should be treated as having a closed-head, neck, or spinal injury. Keep the head and neck straight and immobilize as shown.



In a disaster environment, ideal equipment is rarely available. CERT members may need to be creative by looking for materials that can be used as a backboard — a door, desktop, building materials — anything that might be available. Look for items that can be used to stabilize the head on the board — towels, draperies, or clothing — by tucking them snugly on either side of the head to immobilize it. **Remember:** Moving victims with suspected head, neck, or spinal injury requires sufficient victim stabilization. If the rescuer or victim is in immediate danger, however, **safety is more important than any potential spinal injury** and the rescuer should move the victim from the area as quickly as possible.

## **CAUTION ALERT: Mountain Lion Sighted Near Walter Colton School in Monterey!** Source: KSBW.com 9:47 PM PDT Oct 28, 2015

"We do get mountain lion sightings throughout the city of Monterey a few times a year. The school itself and the residences around there back up to a pretty dense wooded area, which could be used by a mountain lion for hunting purposes," Monterey police Officer Lidio Soriano said. "The drought itself has animals moving differently, simply because of dry land. The drought can tend to lead to a reduction of deer. There's this movement of deer toward any water source and lions can tend to follow that," she said. If you do see a mountain lion, do not run. Instead, make a lot of noise, wave your arms and act bigger than the cat. Anyone who sees a mountain lion is also asked to report the sighting to police. School officials want to ensure parents not to be concerned. The sighting happened late October 26th, not while any students were on campus. The school has since sent out a note to all parents informing them of the sighting and that it is perfectly safe to return to school.

**CERT is transitioning to a new EMAIL system.** We are transitioning to a g-mail based system for e-mails. You will start receiving e-mails and newsletters from [training@montereycert.org](mailto:training@montereycert.org). Similar e-mails addresses for Logistics, Planning, Finance, etc. have been established. Our past e-mail address of [montereycert@hotmail.com](mailto:montereycert@hotmail.com) will continue to also function for some time to allow everyone to become acquainted with the new system.

**CERT RADIO NET: Monday November 9th at 8:00 P.M., on CERT Channel 3.** If you want to participate in the radio net, but don't have your own CERT radio, contact your team leader. **CERT is the direct link between Community officials and the neighborhoods in an emergency.** Our radio system will survive and continue to operate when all other forms of communication, such as phones, radio and TV, fail.

**Heavy Winter Storms are predicted. Here is a link for a Homeowners Guide for Flood Prevention and Response.**

**Paste this into your server to access the information:**

[http://cosb.countyofsb.org/uploadedFiles/pwd/Water/HomeownersGuide\\_Final.pdf](http://cosb.countyofsb.org/uploadedFiles/pwd/Water/HomeownersGuide_Final.pdf)

**REVIEW YOUR CERT STUDENT MANUAL:** Here is the link to the online edition: [http://www.fema.gov/media-library-data/1435858485564-e30064c404ba04d82bbcae7eaac8bb2b/pm\\_combined\\_final\\_508\\_063015.pdf](http://www.fema.gov/media-library-data/1435858485564-e30064c404ba04d82bbcae7eaac8bb2b/pm_combined_final_508_063015.pdf)

**CONTACT YOUR TEAM LEADER:** If you have not already done so, contact your team leader and meet them at your neighborhood CERT container. Make sure you know how to find the container and are familiar with the inventory.

**REMEMBER:** After an emergency such as an earthquake, storm or other potential disaster when all forms of communication are absent, when the power is out and telephones and cell phones don't work, secure your family, immediate neighbors and then, if you are able, report to your neighborhood CERT container. Using our radio system, CERT is the primary eyes and ears to the City on what's happening in the neighborhoods. We will form teams and proceed into the neighborhoods to *"DO THE MOST GOOD FOR THE MOST PEOPLE .....*" CERT provides an excellent video at this link:

<https://www.youtube.com/watch?v=KwV3e1Xfif0>

**CERT TEAM LEADER LIST:** **CONA**=Casanova Oak Knoll, **Crml**=Carmel, **DMB**=Del Monte Beach, **FH**=Foothill, **MV**=Monte Vista, **NM**=New Monterey, **OG**=Oak Grove, **OT**=Old Town, **PG**=Pacific Grove, **S3**=Station 3, **SL**=Skyline

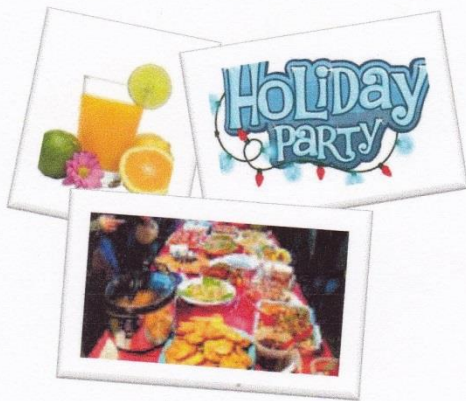
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DMB	Brownlee	Sean	sean@globalfms.com
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# SAVE THE DATE

## DECEMBER 4, 2015

# ANNUAL HOLIDAY POTLUCK

Come, enjoy, and celebrate your accomplishments.  
Together we are making our communities safer.  
Support CERT programs and Promote PERT  
(Personal Emergency Preparedness Training)



Let us know what you plan to bring!

- Appetizer
- Main Dish
- Side Dish
- Dessert
- Beverage (non-alcoholic)

Please list ingredients so folks  
with allergies can participate.

\$5 per person donation at the door

**Who:**

CERT team members, other volunteer  
and professional first responders,  
families, friends, neighbors and  
public officials

**When:**

FRIDAY, December 4, 2015  
6:00 to 8:00 p.m.

**Where:**

Monterey Youth Center  
777 Pearl Street  
Monterey, CA

Information about how to sign up  
available in November

Questions? Contact Sarah Blackstone  
at [sarahblack@aol.com](mailto:sarahblack@aol.com) or  
call 649-3050

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